Appendix A

Resources for Clinicians and Patients

We recommend that clinicians use the following resources for further learning, as well as for providing referrals and support for patients. Resources are organized by chapter topic.

Chapter 1: Clinicians and the Care of Sexual Minorities, and Chapter 2: Demography and the LGBT Population

Literature on LGBT Health and Healthcare


Institute of Medicine, Solarz AL, eds. Lesbian Health: Current Assessment and Directions for the Future. The National Academies Press; 1999.


National Lesbian and Gay Health Association and Mautner Project for Lesbians with Cancer. Removing barriers to health care for lesbian, gay, bisexual, and transgendered clients: a model provider education program; 1997.


Background Reading on LGBT Populations


General LGBT Health Web Sites

GayHealth
http://www.gayhealth.com

GLBT Health from the Department of Public Health, Seattle and King County, WA
http://www.metrokc.gov/health/glbt

Gay and Lesbian Medical Association
http://www.glma.org

LGBTHealthChannel
http://www.lgbthealthchannel.com

The Mautner Project
http://www.mautnerproject.org

National Coalition for LGBT Health
http://www.lgbthealth.net
General LGBT Information and Support Web Sites

Bisexual Resource Center
http://www.biresource.org

Gaydata.org
http://www.gaydata.org

Human Rights Campaign
http://www.hrc.org

National Gay and Lesbian Task Force
http://www.thetaskforce.org

National Association of LGBT Community Centers
http://www.lgbtcenters.org

Parents, Families, and Friends of Lesbians and Gays
http://www.pflag.org

LGBT Health Centers

The following list of health centers have a principal mission to provide primary care to LGBT communities. Please note that this is a partial list and that many more healthcare facilities, clinical practices, and hospitals across the nation have expertise, or are developing expertise, in LGBT care.

Fenway Community Health, Boston, Mass
http://www.fenwayhealth.org
(617) 267-0900

Callen-Lorde Community Health Center, New York, NY
http://www.callen-lorde.org
(212) 271-7200

Whitman-Walker Clinic, Washington, DC
http://www.wwc.org
(202) 797-5500

Chase-Brexton Health Services, MD
http://www.chasebrexton.org

Howard Brown Health Center, Chicago, Ill
http://www.howardbrown.org
(773) 388-1600

Montrose Clinic, Houston, TX
http://www.montroseclinic.org
(713) 830-3000

L.A. Gay and Lesbian Center, Los Angeles, Calif
http://www.lagaycenter.org
(323) 993-7400
Resources for LGBT Racial and Ethnic Minorities

**FO’ brothas.com**
http://www.fobrothas.com

**The Gay and Lesbian Latino AIDS Education Initiative, Philadelphia, Penn**
http://www.galaei.org

**Gay Asian Pacific Support Network, San Francisco, Calif**
http://www.gapsn.org

**Gay Asian Pacific Alliance**
http://www.gapa.org

**Hispanic AIDS Forum, New York, NY**
http://www.hafnyc.org

**Latin American Health Institute, Boston, Mass**
http://www.lhi.org

**Latino Gays and Lesbians Online**
http://www.latinoglo.com

**List of organizations that specialize in healthcare for black gay men and lesbians**
http://www.blk.com/resources/o-health.htm

**QV Magazine: Links to Latino LGBT agencies and support organizations**
http://www.qvmagazine.com/gaylatinolinks.html

**Utopia: Asian Gay and Lesbian Resources**
http://www.utopia-asia.com/

LGBT Support Hotlines

**Gay, Lesbian, Bisexual and Transgender Helpline**
(888) 340-4528
Monday through Friday, 6pm-11pm, Eastern Time
Serves all ages. Provides information, referrals, and support on coming out, HIV/AIDS, safer sex and relationships, and locating GLBT groups and services

**Peer Listening Line (staffed by youth 25 and under)**
(800) 399-PEER
Monday through Friday, 6pm-11pm, Eastern Time
Staffed by youth 25 and under. Provides information, referrals, and support on coming out, HIV/AIDS, safer sex and relationships, and locating GLBT groups and services
GLBT National Help Center Hotline
(888) the-GLNH
Monday through Friday, 4pm-midnight, Eastern Time
Saturday, 12pm-5pm, Eastern Time
Serves all ages. Provides peer counseling, information and local resources

GLBT National Youth Hotline
(800) 246-PRIDE
Monday through Friday, 8pm-midnight, Eastern Time
Staffed by youth 25 and under. Provides peer counseling, information and local resources

Chapter 3: Coming Out:
The Process of Forming a Positive Identity

Books About the Coming Out Experience


**Signorili M.** Outing Yourself: How to Come Out As Lesbian or Gay to Your Family, Friends and Coworkers. Fireside; 1995.

Coming Out: Organizations and Web sites

**Parents, Family and Friends of Lesbians and Gays (PFLAG)**
http://www.pflag.org

**Human Rights Campaign—Coming Out Pages**
http://hrc.org/Template.cfm?Section=Coming_Out
Web sites with coming out stories:
http://www.comingoutstories.com
http://www.rslevinson.com/gaylesissues/comingoutstories/blcoming.htm
http://www.avert.org/comingoutstories.htm
http://www.lesbianworlds.com/out/
http://www.outpath.com/
http://www.bibble.org/gay/stories/comingout.html

Chapter 4: Addressing LGBTQ Youth in the Clinical Setting

Literature on the Care of LGBTQ Youth


Organizations and Web Sites for Youth

Afraidtoask.com
http://www.afraidtoask.com

Advocates for Youth
http://www.advocatesforyouth.org
(202) 419-3420

Campus Pride
http://www.campuspride.org
(704) 277-6710

Gay, Lesbian & Straight Education Network (GLSEN)
http://www.glsen.org
(212) 727-0135

Gay-Straight Alliance Network
http://www.gsanetwork.org
(415) 552-4229

The Hetrick-Martin Institute, Home of the Harvey Milk High School
http://www.hmi.org
(212) 674-2400

Lavender Youth Recreation and Information Center (LYRIC)
http://www.lyric.org
(415) 703-6150

The National Youth Advocacy Coalition (NYAC)
http://www.nyacyouth.org
(800) 541-6922
Office: (202) 319-7596
Sexual Minority Youth Assistance League (SMYAL)
http://www.smyal.org
(202) 546-5940

Youth Resource
http://www.youthresource.com
(202) 419-3420

Teenwire.com
http://www.teenwire.com

Youth Guardian Services
http://www.youth-guard.org
(877) 270-5152

Hotlines for Youth

GLBT National Youth Hotline
(800) 246-PRIDE
Monday through Friday, 8pm-Midnight, Eastern Time

National Runaway Switchboard
(800) 231-8946
24 hour; 7 days/week

Peer Listening Line
(800) 399-PEER
Monday through Friday, 6pm-11 pm, Eastern Time

Trevor Helpline Crisis Intervention for LGBTQ Youth
(800) 850-8078
24 hour; 7 days/week

Chapter 5: LGBT Couples and Families with Children

Literature on LGBT Couples and Families

LGBT Couples

LBGT Parents and Prospective Parents

Alternative Families Project. Children, Lesbians, and Men: Men's Experiences asKnown and Anonymous Sperm Donors. Men's Resource Center of Western Massachusetts; 1994. To order, write to The Alternative Families Project, 442 Warren Wright Road, Belchertown, MA 01007.


**Children of LGBT Parents**


**Videos on LGBT Couples and Families**

*Both of My Moms’ Names Are Judy.* Lesbian and Gay Parents Association; 1995. Available from (415) 522-8773, lgpasf@aol.com


*That’s a Family!* Debra Chasnoff & Helen S. Cohen; 2000.

**Organizations and Web Sites for LGBT Couples and Families**

*Alternative Family Matters*
http://www.alternativefamilies.org
(617) 576-6788

*COLAGE: Children of Lesbians and Gays Everywhere*
http://www.colage.org
(415) 861-KIDS

*Families like Ours*
http://www.familieslikeours.org
(206) 441-7602

*Family Diversity Projects Inc.*
http://www.familydiv.org
(413) 256-0502

*Family Pride Coalition*
http://www.familypride.org
(202) 331-5015

*Freedom to Marry*
http://www.freedomtomarry.org
(212) 851-8418

*Human Rights Campaign—FamilyNet*
http://www.hrc.org/familynet
(202) 628-4160
Organization of Parents Through Surrogacy (OPTS)
(847) 782-0224
http://www.opts.com

Parents, Family and Friends of Lesbians and Gays (PFLAG)
http://www.pflag.org
(202) 467-8180

Prospective Queer Parents
http://www.queerparents.org

Rainbow Families
http://www.rainbowfamilies.org
(612) 827-7731

Straight Spouse Network
http://www.ssnetwk.org
(510) 595-1005

Women’s Educational Media
http://www.womedia.org
(415) 641-4616
(800) 405-3322

Alternative Insemination Resources

Fenway Community Health, Alternative Insemination Program
http://www.fenwayhealth.org
(617) 927-6243

California Cryobank Inc.
http://www.cryobank.com

New England Cryogenic Center
http://www.necryogenic.com

The Sperm Bank of California
http://www.thespermbankofca.org

Xytex Corporation
http://xytex.com

Chapter 6: Late Adulthood and Aging: Clinical Approaches

Organizations and Web Sites on Aging

American Society on Aging: Lesbian & Gay Aging Issues Network
http://www.asaging.org/LGAIN
Chapter 7: Health Promotion and Disease Prevention

Health Promotion Organizations and Web Sites

US Preventive Services Task Force (USPSTF)
http://www.ahrq.gov/clinic/uspstfix.htm

Guide to Community Preventive Services: Evidence-based recommendations for programs and policies to promote population health.
http://www.thecommunityguide.org

The Mautner Project, the National Lesbian Health Center
http://www.mautnerproject.org

http://www.ahrq.gov/ppip/manual
LGBT Smoking Cessation Programs

Gay American Smokeout
http://www.gaysmokeout.net
(206) 938-8828

The Last Drag, San Francisco
http://www.lastdrag.org
(415) 339-7867

The LGBT Smoke-Free Project, LGBT Community Center
http://www.gaycenter.org
(212) 620-7310

QueerTIPs for LGBT Smokers, A Stop Smoking Class for LGBT Communities
Contact Greg Greenwood at (415) 597-9164 or email ggreenwood@psg.ucsf.edu.

Smoking Cessation Program, LA Gay and Lesbian Center
http://www.lagaycenter.org
(323) 860-7305

Chapter 8: Mental Health: Epidemiology, Assessment, and Treatment

Literature on LGBT Mental Health


Appendix A: Resources for Clinicians and Patients


Mental Health Organizations and Web Sites

**American Psychological Association (APA)**
Lesbian, Gay, & Bisexual Concerns Office
http://www.apa.org/pi/lgbc
(202) 336- 6041

**Association for Gay, Lesbian, & Bisexual Issues In Counseling**
http://www.agl bic.org

**Association of Gay and Lesbian Psychiatrists (AGLP)**
http://www.aglp.org
(215) 222-2800

**Gay and Lesbian International Therapist Search Engine (GLITSE)**
http://www.glitse.com

**National Association of Social Workers (NASW)**
National Committee on Lesbian, Gay, & Bisexual Issues
http://www.socialworkers.org
(202) 408-8600

Chapter 9: Substance Use and Abuse

**Literature on Substance Abuse**


**Substance Abuse Organizations and Web Sites**

**National Association for Gay and Lesbian Addiction Professionals**
http://www.nalgap.org
(703) 465-0539
Chapter 10: Trauma and Violence: Recognition, Recovery, and Prevention

Literature on Violence Prevention

**Domestic Violence**


Appendix A: Resources for Clinicians and Patients


Hate Crimes


Sexual Assault

Violence Prevention Organizations and Web Sites

Family Violence Prevention Fund
http://www.fvpf.org
(415) 252-8900

Fenway Community Health, Violence Recovery Program
(617) 927-6250

Gay Men’s Domestic Violence Project
http://www.gmdvp.org
(617) 354-6056

Hatecrime.org
http://www.hatecrime.org

MaleSurvivor
http://www.malesurvivor.org

National Coalition of Anti-Violence Programs, New York, NY
http://www.ncavp.org
(212) 714-1184
Chapter 11: Sexual Health

Literature on Sexual Health


Sexual Health Organizations and Web Sites

http://www.thebody.com
Safer sex guidelines and resources: http://www.thebody.com/safesex/safer.html

Centers for Disease Control and Prevention
Sexually Transmitted Infections, including updated treatment guidelines: http://www.cdc.gov/std
Revised guidelines for HIV testing, counseling and referral: http://www.cdc.gov/MMWR/preview/mmwrhtml/rr5019a1.htm

GayHealth.com
http://www.gayhealth.com
Chapter 12: Introduction to Transgender Identity and Health; and Chapter 13: Medical and Surgical Management of the Transgender Patient

Literature on Transgender Health


**Israel GE, Tarver DE.** Transgender Care: Recommended Guidelines, Practical Information and Personal Accounts. Temple University Press; 1997.


Transgender Personal Stories


Transgender Health Organizations and Web Sites

Fenway Community Health: Transgender Health Program
http://www.fenwayhealth.org
(617) 927-6223

Notes on Gender Role Transition by Ann Vitale, PhD
http://www.avitale.com

International Foundation for Gender Education
http://www.ifge.org
(781) 899-2212

Transgender Care
http://www.transgendercare.com

Transsexual Women’s Resources
http://www.annelawrence.com/twr

The World Professional Association for Transgender Health, Inc.
(formerly HBIGDA)
http://www.wpath.org
(612) 624-9397

Transgender Education and Advocacy Organizations and Web sites

Alliance for Gender Awareness
http://www.genderawareness.com
(877) GENDER 1

Gender Public Advocacy Coalition
http://www.gpac.org
(202) 462-6610
http://www.gender.org

National Center for Transgender Equality
http://www.nctequality.org
(202) 903-0112

Transgender Law and Policy Institute
http://www.transgenderlaw.org
Email: query@transgenderlaw.org

Transgender Support Organizations and Web Sites

Compass (New England female-to-male transgender group)
http://geocities.com/ftmcompass
(781) 899-2212

**Becky Allison, MD, Friends and Family Issues**
http://www.drbecky.com/trans.html

**FTM International**
http://www.ftmi.org

**Hudson’s FTM Comprehensive Resource Guide**
http://www.ftmguide.org

**Society for a Second Self (cross-dressers)**
http://www.tri-ess.org

**Transsexual Roadmap**
http://www.tsroadmap.com

**Transgender Crossroads**
http://www.tgcrossroads.org

**The Transitional Male**
http://www.thetransitionalmale.com

**Transgender Forum’s Community Center (list of local community groups in the US)**
http://www.transgender.org

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**Chapter 14: Disorders of Sex Development: Clinical Approaches**

**Literature on Disorders of Sex Development/Intersex Health**


- **Dreger, Alice.** *Intersex in the Age of Ethics.* University Publishing Group; 1999.


- **Systma SE.** *Ethics and Intersex.* Springer; 2006.
Videos on Intersex


Intersex Organizations and Web Sites

**American Association for Klinefelter Syndrome Information and Support (AAKSIS)**
http://www.aaksis.org
(888) 466-KSIS

**American Psychological Association Online: Answers to Your Questions About Individuals with Intersex Conditions**
http://www.apa.org/topics/intersx.html

**Androgen Insensitivity Support Group**
http://www.medhelp.org/ais

**Bodies Like Ours: Intersex Information and Peer Support**
http://www.bodieslikeours.org/forums/

**CARES Foundation, Inc. (Congenital Adrenal Hyperplasia Research Education & Support)**
http://www.caresfoundation.org
(973) 912-3895

**Intersex Initiative**
http://www.intersexinitiative.org

**Intersex Society of North America**
http://www.isna.org

**Turner Syndrome Society**
http://www.turner-syndrome-us.org
(832) 249-9988
(800) 365-9944

**xyTurners**
http://www.xyxo.org

Chapter 15: Taking a Comprehensive History and Providing Relevant Risk-Reduction Counseling

Education and Awareness Materials

**CDC Division of Viral Hepatitis: MSM Information Center**
http://www.cdc.gov/ncidod/diseases/hepatitis/msm
Includes:
- Prevent STDs among MSM pocket cards and posters
- Protect Yourself from Hepatitis booklet

**Fenway Community Health**
http://www.fenwayhealth.org
Resources section includes the following brochures:
- Safer Sex (inclusive of LGBT people)
- Safer Sex for Bisexuals and their Partners
- Talking about Safer Sex with Your Patients

**Gay and Lesbian Medical Association**
http://www.glma.org
Resources for Patients section includes:
- List of top 10 things gay men, lesbians, and transgendered patients should discuss with their healthcare provider

Resources for Providers and Researchers section includes:
- Guidelines for the care of lesbian, gay, bisexual, and transgender patients

**Gay, Lesbian, Bisexual, and Transgender Health Access Project**
http://www.glbthealth.org
Includes:
- Community Standards of Practice for the Provision of Quality Health Care Services to Lesbian, Gay, Bisexual, and Transgender Clients
- Materials (such as posters and stickers) to create welcoming healthcare environments

**Lesbian Resource Center**
http://www.trianglerc.org
Includes:
- Safer sex kit and brochure
- Healthcare provider training in culturally competent care

**Web Sites: How to Put on Male and Female Condoms**
http://www.friendtofriend.org/condom/usage.html
http://www.phoenixcenteronline.com/reality.htm
http://www.ripnroll.com/femalecondoms.htm

**Chapter 16: Legal Issues of Importance to Clinicians**
LGBT Rights: Organizations and Web Sites

**American Civil Liberties Union Lesbian and Gay Rights and AIDS Project**
http://www.aclu.org/lgbt
(212) 549-2627

**Gay and Lesbian Advocates and Defenders (GLAD)**
New England-based, but has national resources, including standards concerning custody disputes in the LGBT community.
http://www.glad.org
GLAD Legal infoline (legal questions related to sexual orientation, gender identity, or HIV status):
Boston Area: (617) 426-1350
New England: 1-800-455-GLAD
Monday-Friday, 1:30-4:30pm, Eastern Standard Time, English and Spanish

**Gay and Lesbian Alliance Against Defamation (GLAAD)**
http://www.glaad.org
(323) 933-2240

**Gender Public Advocacy Coalition**
http://www.gpac.org
(202) 462-6610

**Human Rights Campaign**
http://www.hrc.org
(202) 628-4160
(800) 777-4723

**Human Rights Watch (on LGBT rights)**
http://www.hrw.org/doc/?t=lgbt
(212) 290-4700

**LAMBDA Legal Defense and Education Fund (LLDEF)**
http://www.lambdalegal.org
(212) 809-8585

**National Black Justice Coalition**
http://www.nbjcoalition.org
(202) 349-3755

**National Center for Lesbian Rights**
http://www.nclrights.org
(415) 392-6257

**National Center for Transgender Equality**
http://www.nctequality.org
(202) 903-0112

**Hate Crimes: Organizations and Web Sites**

**Federal Bureau of Investigation Hate Crime Statistics**
http://www.fbi.gov/ucr/hc2005
HateCrime.org
http://www.hatecrime.org

Matthew Shepard Foundation
http://www.matthewshepard.org
(307) 237-6167

National Coalition of Anti-Violence Programs, New York, NY.
http://www.ncavp.org
(212) 714-1184

Marriage and Partnership Rights: Organizations and Web Sites

Freedom to Marry Coalition
http://www.freedomtomarry.org
(212) 851-8418

Marriage Equality USA
http://www.marriageequality.org
(510) 496-2700

Partners Task Force for Gay and Lesbian Couples
http://www.buddybuddy.com/partners.html

California Domestic Partnership Registry
http://www.ss.ca.gov/dpregistry/

Connecticut Civil Unions:
http://www.infoline.org/InformationLibrary/Documents/civilunionsct.asp

Vermont Civil Unions:
http://www.sec.state.vt.us/otherprg/civilunions/civilunions.html

Parental Rights: Organizations and Web Sites

American Psychological Association: Lesbian and Gay Parenting
http://www.apa.org/pi/parent.html

COLAGE: Children of Lesbians and Gays Everywhere
http://www.colage.org
(415) 861-KIDS

Family Pride Coalition
http://www.familypride.org
(202) 331-5015
Human Rights Campaign—FamilyNet
http://www.hrc.org/familynet
(202) 628-4160

Advance Directives: Web Sites

Financial Planning Toolkit: Statutory Power of Attorney and Medical Treatment Forms
http://www.finance.cch.com/tools/poaforms_m.asp
Provides proxy forms for all states

Time Magazine Online Edition: Living Will Resources.
http://www.time.com/time/covers/1101050404/schiavo_webguide.html
Provides a state-by-state directory of laws governing living wills.

US Living Will Registry
http://www.uslivingwillregistry.com
Individuals can complete and store their advance directives with the registry, which will then distribute the directives to health care providers when requested.